

2. NATIONAL CONGRESS OF TURKISH HIP PRESERVATION SOCIETY

29 January 2016 Thursday

HALL A

10.30 – 11.20	Basic Knowledge and Differential Diagnosis of the Hip Joint Session Chairs: Hatem Said, Sefa Müezzinoğlu Differential Diagnosis of Hip Pain – Niyazi Ercan Physical Examination of the Hip Joint – Serda Duman Radiological Evaluation of the Hip Joint – Cem Yıldırım Arthroscopic Anatomy of the Hip Joint (Central, Peripheral, Extra-Articular Compartments) – Bruno Capurro Discussion
11.20 – 12.10	Treatment Approaches in Femoroacetabular Impingement Session Chairs: Oliver Marin-Pena, Ömür Çağlar Surgical Indications for FAI: When is it Early, When is it Late? – Oliver Marin-Pena Basic Techniques in Hip Arthroscopy: Patient Positioning, Portals – Gökhan Ayık Different Technical Approaches in Hip Arthroscopy (Differences in Access to Compartments and Capsule Management) – Hatem Said Rehabilitation in FAI Surgery – Filliz Can Discussion
12.10 – 12.30	OPENING CEREMONY Congress President – Tahsin Beyzadeoğlu Honorary Congress President – Asım Kayaalp KEKCD President – Ramazan Akmeşe
12.30 – 13.30	LUNCH
13.30 – 14.15	VIDEO PRESENTATIONS – Technical Details in Arthroscopic Treatment of FAI Session Chairs: Şafak Şahlan, Umut Öktem Critical Points in Cam Resection – Ramazan Akmeşe Critical Points in Pincer and AILS Resection – Asım Kayaalp Labral Repair – Gökhan Polat Labral Augmentation and Reconstruction – Başı Kocaoğlu Capsule Repair – Ahmet Fırat Discussion
14.15 – 15.00	CASE DISCUSSION Session Chairs: Reha Tandoğan, Metin Polat Faculty: Oliver Marin-Pena, Vikas Khanduja, Hatem Said, Athanasios Papavasiliou, Bruno Capurro, Başı Kocaoğlu
15.00 – 15.20	COFFEE BREAK
15.20 – 15.40	KEYNOTE LECTURE Session Chair: Ahmet Turan Aydın How Should Surgical Approaches be in Complex FAI Cases? – Asım Kayaalp
15.40 – 16.30	Joint Preservation Surgery in Dysplastic Hip Session Chairs: Erdem Şahin, Marco Ezechieli What is Hip Dysplasia? Radiological and Clinical Evaluation – Vedat Öztürk Treatment Options and Decision-Making in Borderline Hip Dysplasia – Athanasios Papavasiliou Periacetabular Osteotomy: Indications and Basic Techniques – Bülent Atilla How to Manage Femoral Version Abnormalities? – Mümtaz Alparslan Discussion
16.30 – 17.30	Treatment Options in Extra-Articular Pathologies Session Chairs: Ender Sarıoğlu, Alp Er Tunga Bölükbaşı Ischiofemoral Impingement and Deep Gluteal Pain – Serdar Hakan Başaran Snapping Hip: What to Do? – Mehmet Fevzi Çakmak Management of Proximal Hamstring Injuries – Kürşat Teker Management of Trochanteric Bursitis and Gluteus Medius Tears – Anıl Özbek Role of Orthobiologics in Extra-Articular Pathologies – Bilal Kürk Discussion

HALL B

13.30 – 15.00	FREE PAPERS Session Chairs: Serdar Kamil Çepni, Mahmut Tunçez
15.00 – 15.20	COFFEE BREAK
15.20 – 16.30	FREE PAPERS Session Chairs: Enis Yıldırım, Aytek Hüseyin Çeliksöz

30 January 2026 Friday

HALL A

08.30 – 09.20 **How to Approach Failed Hip Arthroscopies with Case Examples**

Session Chairs: Ömer Nasuhi Altay, İzzet Bingöl

08.30 – 08.40 Common Causes and Detection Methods – **Oliver Marin-Pena**

08.40 – 08.50 Over- or Under-Resection – **Mehmet Erdil**

08.50 – 09.00 Labral Insufficiency – **Reha Tandoğan**

09.00 – 09.10 Capsular Insufficiency – **Saygın Kamacı**

09.10 – 09.20 Discussion

09.20 – 09.45 **KEYNOTE LECTURE**

Session Chair: Tahsin Beyzadeoğlu

Evolving Concepts in the Diagnosis and Management of FAI – **Vikas Khanduja**

09.45 – 10.30 **Approach to Prearthritic Hip**

Session Chairs: Tolgay Şatana, Yavuz Şahbat

09.45 – 09.55 Clinical and Radiological Evaluation – **Vishnu Senthil Kumar**

09.55 – 10.05 The Role of Physiotherapy – **İpek İkiz**

10.05 – 10.15 Can the Outcome of FAI and Arthroscopy of Prearthritic Hip be Predicted? – **Enis Yıldırım**

10.15 – 10.25 The Role of Orthobiologic Augmentation – **Engin Çetinkaya**

10.25 – 10.30 Discussion

10.30 – 10.45 **COFFEE BREAK**

10.45 – 11.30 **Avascular Necrosis of the Femoral Head**

Session Chairs: Fatih Yıldız, Serhat Gürbüz

10.45 – 10.55 Diagnosis and Staging – **Serhat Akçaalan**

10.55 – 11.05 Core Decompression and Orthobiologics – **Tahsin Beyzadeoğlu**

11.05 – 11.15 Trap Door, Light Bulb, Grafting, Osteotomy – **Marco Ezechieli**

11.15 – 11.25 Limits of Joint-Preservation Surgery and The Role of Arthroplasty – **İbrahim Tuncay**

11.25 – 11.30 Discussion

11.30 – 12.15 **Interactive Course Lectures – Capsule and Microinstability in FAI Surgery**

Session Chairs: Barış Yılmaz, Yasin Güler

11.30 – 11.40 Should We Leave the Capsule Open? What Does the Evidence Say? – **Metin Polat**

11.40 – 11.50 I Always Close the Capsule: What Does the Evidence Say? – **Safa Gürsoy**

11.50 – 12.00 Microinstability: The Perspective of a Physiotherapist – **Esra Ateş Numanoğlu**

12.00 – 12.10 Microinstability: The Perspective of an Orthopaedic Surgeon – **Marc Safran**

12.10 – 12.15 Discussion

12.15 – 12.30 **2. NATIONAL CONGRESS OF TURKISH HIP PRESERVATION SOCIETY CLOSING & SICOT SPORTS MEETING OPENING**

Chair of SICOT Sports – **Tahsin Beyzadeoğlu**

SICOT National Delegate – **Mahmut Nedim Aytekin**

TOTBİD President – **Önder Kalenderer**

SICOT President – **Vikas Khanduja**

12.30 – 13.30 **LUNCH**

SICOT SPORTS MEETING 2026
SHOULDER

30 January 2026 Friday

HALL A

13.30 – 13.50	KEYNOTE LECTURE Session Chair: Kilian List Current Concepts in Shoulder Instability – Doruk Akgün
13.50 – 14.20	BATTLE 1 – Bankart Repair vs. Latarjet – What is the Gold Standard for Anterior Instability? Session Chairs: Kerem Bilisel, Doruk Akgün, Kilian List
13.50 – 14.00	Pro Bankart Repair – Hatem Said
14.00 – 14.10	Pro Latarjet – Ali Erşen
14.10 – 14.20	Discussion
14.20 – 14.50	BATTLE 2 – Bony Bankart – Dealing with Glenoidal Bone Loss Session Chairs: Kerem Bilisel, Doruk Akgün, Kilian List
14.20 – 14.30	Pro Eden-Hybinette – Kilian List
14.30 – 14.40	Pro Latarjet – Atacan Atalar
14.40 – 14.50	Discussion
14.50 – 15.20	BATTLE 3 – Humeral Bone Loss – Hill Sachs Lesion Session Chairs: Kerem Bilisel, Doruk Akgün, Kilian List
14.50 – 15.00	Pro Remplissage – Hatem Said
15.00 – 15.10	Pro Allograft/Arthroplasty – Mehmet Armangil
15.10 – 15.20	Discussion

15.20 – 15.50 COFFEE BREAK

15.50 – 16.10	KEYNOTE LECTURE Session Chair: Tahsin Beyzadeoğlu Current Concepts in Rotator Cuff Repair – Mehmet Demirhan
16.10 – 16.35	Rotator Cuff Partial Tears Session Chairs: Mehmet Demirhan, Hatem Said, Atacan Atalar
16.10 – 16.20	Conservative vs. Surgical Options – Hany Elsayed
16.20 – 16.35	Case Presentations – Mehmet Armangil, Atacan Atalar
16.35 – 17.00	Partial Reconstruction for Massive Rotator Cuff Tears Session Chairs: Mehmet Demirhan, Hatem Said, Atacan Atalar
16.35 – 16.45	Valuable Strategy or Insufficient Solution? – Ali Erşen
16.45 – 17.00	Case Presentations – Furkan Aral, Kerem Bilisel
17.00 – 17.25	What To Do with the Biceps? Session Chairs: Mehmet Demirhan, Hatem Said, Atacan Atalar
17.00 – 17.10	Patch vs Transposition vs SCR – Usama Saleh
17.10 – 17.25	Case Presentations – Cem Ismail Güngör, Kilian List
17.25 – 17.50	Tendon Transfer for Massive Rotator Cuff Tears Session Chairs: Mehmet Demirhan, Hatem Said, Atacan Atalar
17.25 – 17.35	Latissimus Dorsi vs Lower Trapezius vs Muscle Advancement – Kerem Bilisel
17.35 – 17.50	Case Presentations – Doruk Akgün, Usama Saleh
17.50 – 18.00	Closing Remarks & Take-Home Messages

HALL B

17.00 – 17.50	FREE PAPERS Session Chairs: George Skarpas, Furkan Aral
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SICOT SPORTS MEETING 2026
KNEE

31 January 2026 Saturday

HALL A

08.30 – 09.30 MENISCUS / CARTILAGE

Session Chairs: Gratien Nzayikorera, Jujhar Singh

08.30 – 08.40 Management of Meniscus Lesions in 2026 – **Mehmet Erdil**

08.40 – 08.50 Meniscus Ramp Lesions – **Nestor Moreno-Moreu**

08.50 – 09.00 Meniscus Root Lesions – **Bassel El-Osta**

09.00 – 09.10 Management of Chondral Lesions of the Knee in 2026 – **Fabio Valerio Sciarretta**

09.10 – 09.20 Osteochondral Allograft in the Knee – **Gökhan Meriç**

09.20 – 09.30 Discussion

09.30 – 10.30 ACL

Session Chairs: Turkia Bashir Erouk, Gökhan Meriç

09.30 – 09.40 Management of ACL Injury in 2026 – **Hassan Zmerly**

09.40 – 09.50 Anatomic ACL Reconstruction – **Gratien Nzayikorera**

09.50 – 10.00 ACL Primary Repair – **Massimo Piracci**

10.00 – 10.10 ALL Reconstruction / Lateral Extraarticular Tenodesis (LET) – **Rohan Bidwai**

10.10 – 10.20 Osteotomies in ACL Reconstruction – **Nestor Moreno-Moreu**

10.20 – 10.30 Discussion

10.30 – 10.45 COFFEE BREAK

10.45 – 11.45 PATELLOFEMORAL

Session Chairs: Mohamed Buajela Rashed, Rohan Bidwai

10.45 – 10.55 Clinical and Radiological Evaluation of Patellofemoral Instability – **Muhammad Adeel Akhtar**

10.55 – 11.05 Management of Acute First Time Patellar Dislocation – **Turkia Bashir Erouk**

11.05 – 11.15 MPFL Reconstruction – **George Skarpas**

11.15 – 11.25 Osteotomies in PF Instability – **Engin Çetinkaya**

11.25 – 11.35 Patellofemoral Chondral Lesions – **Fabio Valerio Sciarretta**

11.35 – 11.45 Discussion

11.45 – 12.35 PCL / MULTILIGAMENT

Session Chairs: Hassan Zmerly, Massimo Piracci

11.45 – 11.55 Management of Acute Knee Dislocation – **Mohamed Buajela Rashed**

11.55 – 12.05 Management of PCL Injury – **Safa Gürsoy**

12.05 – 12.15 Management of PLC Injury – **Reha Tandoğan**

12.15 – 12.25 Management of PMC Injury – **Kürşat Teker**

12.25 – 12.35 Discussion

12.35 – 13.45 LUNCH

13.45 – 14.30 CASE DISCUSSION (ACL, PF instability)

Session Chairs: Reha Tandoğan, Ramazan Akmeşe

Faculty: Jujhar Singh, Bassel El-Osta, Massimo Piracci, Muhammad Adeel Akhtar, Hasan Zmerly

14.30 – 15.30 VIDEO PRESENTATIONS

Session Chairs: Fabio Valerio Sciarretta, Bassel El-Osta

14.30 – 14.37 Anatomic ACL Reconstruction – **Berkin Toker**

14.37 – 14.44 All inside ACL Reconstruction with HTO – **Tahsin Beyzadeoğlu**

14.44 – 14.51 Lateral Extraarticular Tenodesis (LET) – **Ramazan Akmeşe**

14.51 – 14.58 MPFL Reconstruction – **George Skarpas**

14.58 – 15.05 Tibial Tubercle Osteotomy – **Anıl Özbek**

15.05 – 15.12 PCL Reconstruction – **Jujhar Singh**

15.12 – 15.30 Discussion

15.30– 15.45 COFFEE BREAK

15.45 – 17.30 FREE PAPERS

Session Chairs: Muhammad Adeel Akhtar, Nestor Moreno-Moreu

17.30 – 18.00 ADJOURN – Closing Remarks